



"Where You Are NOT Alone!"

www.bullying.org is a multiple award-winning, non-profit Internet Resource that was created to help people around the world deal with the issue of bullying. www.bullying.org is a supportive international community where people can learn that they are NOT alone in being bullied, that being bullied is NOT their fault and that they CAN do something positive about it.

People can contribute their personal stories, poems, images, oral stories (audio files), music, animations and movies. In order to protect contributors' privacy and security, no last names of young people, or personal contact information is published or shared with anyone else.

www.bullying.org also has two moderated, online support groups, one for youth and one for adults.

The name Bullying.org Canada Inc. is formally recognized by the Government of Canada. It is supported by a Board of Directors.

Bullying.org Canada Inc. currently offers three different 90 minute multimedia presentations that have been shared across Canada and around the world:

*"Bullying: A Learning Journey"* (for parents and educators)

*"BE the Change! -Don't Stand Back, Stand Up!"* (for middle and junior high school age students)

*"Cyberbullying: Exploring and Understanding the New Face of Bullying"*

### Awards, Media and Partnerships:

www.bullying.org was a recipient of the annual Childnet International Awards that are given to projects that make the Internet a better and safer place for children.



www.bullying.org was chosen as a finalist for the annual Stockholm Challenge Awards. This award is often referred to as the "Nobel Prize of the Information Technology world. It recognizes projects that use IT to make a significant contribution to society.



www.bullying.org has been featured by national media in Canada and others around the world. CBC National News anchor Peter Mansbridge said that "Bullying.org is considered one of the best Web sites in the world for children."

www.bullying.org the number one Web site about bullying and hosts nearly one million visitors from around the world per month.

Bullying.org Canada Inc.'s major partners are BBI Internet and Family Channel. Please contact us for sponsorship and partnership opportunities.



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**Bullying.org Canada Inc**  
**159 Riverview Circle**  
**Cochrane, Alberta**  
**T4C 1K9**

**Phone / Fax: (403) 932-1748**  
**help@bullying.org**  
**www.bullying.org**  
**"Where You Are NOT Alone"**

## Teaching and Learning Ideas:

How [www.bullying.org](http://www.bullying.org) can be used

### Create...

Students can create and submit their own original stories, poems, plays, skits, drawings, songs, raps, or videos using the appropriate online forms in the “Your Submissions” section of [www.bullying.org](http://www.bullying.org).

When sharing personal stories, students should not make specific reference to other people or places by name as these cannot be published. Students can compose their written submissions using a word processor offline, then after this writing has been spell-checked and edited for grammar and appropriate content, students can copy their text and simply paste it into the story or poems submissions fields in the submissions form.

Drawings should be done on plain white paper with any drawing media and then scanned. Students’ names should not appear on the front of the drawing. Drawings can also be done with a digital drawing or image editing program (no clip art or copied images, original drawings please). All images should be saved in a JPEG (.jpg) or GIF (.gif) formats at 72 DPI (dots per inch). These images can then be uploaded to [www.bullying.org](http://www.bullying.org) using the attach field and the “Browse” button. Please include a title for the submission. Your school could have a bullying awareness poster contest. Digitize the posters before they are posted around the school, then share them with the world through [www.bullying.org](http://www.bullying.org).



For those who have difficulty writing, students can submit oral stories or create their own music. They can record their stories or music using a simple microphone or other recording devices attached to their computer. Contributors should save their oral stories in any of the following digital audio file formats; .mp3, .wav and or .rm (Real Media). These audio files can then be uploaded to [www.bullying.org](http://www.bullying.org) using “Multimedia” option. Contributors can use the attach field and the “Browse” button. Please include a title for the submission.

Students can also create their own animations using Flash. These animations can be shared with the world through the “Your Submissions -Multimedia” section of [www.bullying.org](http://www.bullying.org). Flash files can be saved and uploaded in .swf format.

Students can create and submit their own videos about the issue of bullying. They record school plays, skits or other dramatic presentations done by other students. They can create and film their own puppet shows, stop motion animations, clay animations (“*claymations*”), dramatic re-creations or real events, short documentaries, news style interviews, presenters speaking about bullying at the school (ask their permission first please), PSAs (public service announcements), and films educating others about the nature and effects of bullying. Videos should be saved in QuickTime (.mov) or Real Media (.rm) format.



If contributors wish to receive feedback about their submissions, they should make sure to click on the “Yes” option at bottom of the submissions form. They should also include a valid e-mail account so that if someone does reply to their submission, [www.bullying.org](http://www.bullying.org) will send them a message indicated that someone has replied to their submission. Their e-mail address will never be published nor shared with anyone else out of concern for contributors’ privacy and security.

### Reflect and Reply...

Students can choose a currently published story, poem, drawing, piece of music or video that touches them or makes them think about bullying in a new or deeper way. They can reply to the creators of these submissions and share their reflections and offer words of support and encouragement.

### Peer Power...

Your school can create a “*Peer Power*” peer support / peer mentoring group. The *Peer Power* group can tell the world about the steps they have taken to address bullying in their school. They can also join [www.bullying.org](http://www.bullying.org)’s moderated peer-support group for youth where they can offer support and encouragement to other youth around the world in a safe, moderated community.

### Share YOUR Ideas...

How have you used [www.bullying.org](http://www.bullying.org) in your school? Let us know by sending us an e-mail to [help@bullying.org](mailto:help@bullying.org).

