

# Cochrane Community Task Force Questionnaire about Bullying

Please complete and submit this questionnaire from the Bully-Free Community Task Force.

Please check the following:

Gender:  Male  Female Age Group:  Under 18  18-64 years  Senior (65+)

Area of Residency:  Town of Cochrane  Municipal District of Rockyview  Other

## Definition:

**Bullying is a conscious, willful, deliberate and hostile behavior, by one or more people, which is intended to harm others. Bullying can happen anywhere. It may happen to children or adults in places such as: in the home, at public facilities, on the bus, in the parks, in the neighborhoods, or at school.**

Please answer the following questions by checking the answer that best fits for you:

### 1. Bullying is a problem in Cochrane and area.

- Strongly agree
- Agree
- Disagree
- Strongly disagree
- Don't know

### 2. Please check your response.

#### a) Have you ever been bullied?

- Yes  No

#### b) Have you experienced bullying in the past 12 months?

- Yes  No

If yes, where were you bullied? (please check more than one, if it applies?)

- Workplace  Neighborhood  In the home  Recreation facilities  Parks
- School bus  School  Other (please specify)

### 3. Do you know of someone in Cochrane and area that has been bullied in the last 12 months?

- Yes  No

#### 3a) If you have answered yes, please check all those that apply?

- Your child  Your spouse  Co-worker
- Your friend  Your parent  Stranger  Other (please specify)

**3b) If yes, where did the bullying take place? (please check all that apply)**

- Workplace
- Neighborhood
- In the home
- Recreation facilities
- Parks
- School bus
- School
- Other (please specify)

**4. How should bullying be dealt with (please check one or more choices)**

- Teach those being bullied how to get help
- Teach peers and bystanders to stop others from bullying
- Teach the community the signs of bullying and strategies to address them.
- Other (please specify)

**5. I would like to learn more about... (please check one or more choices)**

- Community workshops that may prevent bullying such as: bullying education, communication, inclusion and empathy
- Teaching the bullied to stand up for them selves
- Teaching peers and bystanders to get involved
- Identifying the signs of bullying
- Cyber bullying
- Other (please specify)

**Other comments:**

If you would like to know more about the work of the **Bully-Free Community Task Force**, please contact [help@bullying.org](mailto:help@bullying.org). For more information on the issue of bullying please see web site:

